



# 2024 WINTER INDOOR POOL LANE SCHEDULE:

*January 2nd-UNTIL*

**TIME: MONDAY: TUESDAY: WEDNESDAY: THURSDAY: FRIDAY: SATURDAY:**

**8AM-  
8:45AM**

Water  
Walking

TAQ Swim Team  
Every other  
Saturday  
8:30AM-11:30AM  
Lanes 1-3

**9AM-  
9:45AM**

Aquacise  
Shallow End &  
Lanes 5-6

Aquacise  
Shallow End &  
Lanes 5-6

Aquafit  
Shallow End &  
Lanes 5-6

Aquacise  
Shallow End &  
Lanes 5-6

Aquafit  
Shallow End &  
Lanes 5-6

**4:30PM-  
8PM**

TAQ Swim Team  
Lanes 1-4

TAQ Swim Team  
Lanes 1-4

TAQ Swim Team  
Lanes 1-4

TAQ Swim Team  
Lanes 1-4

TAQ Swim Team  
Lanes 1-4

## POOL HOURS:

Monday-Friday: 5:15AM-7:45PM

Saturday: 8AM-12:45PM

Sunday: 1PM-4:45PM

*\*There will always be one lane open  
for lap swimming.*

*Please utilize circle swimming when  
sharing a lane.*