



INDOOR POOL RULES:

- Walk at all times in the pool area.
- Entry into pool is only allowed through ramp, ladders, or by sliding in feet first. **NO DIVING.**
- Diving and use of diving blocks are only allowed during swim team practices, meets, and swim lessons with supervision of coach/instructor.
- Children 11 years & younger must be accompanied by an adult.
- Parents & guardians must watch your children at all times.
- Instructions from the lifeguards must be followed.
- Glass is never allowed in the pool area.
- Flotation devices and toys are not allowed. Only US Coastguard approved life-vests/flotation devices can be used.
- Swim equipment in white cabinet on deck may be used as long as you put it back when you're done.
- Water weights and belts are only meant to be used for exercise, not as flotation devices or toys.
- Swim lesson equipment is only meant for use by instructors.
- Lap Lanes are meant for lap swimming only, please do not go over lane ropes.
- Proper swimwear is required to enter the pool.
- Persons with infected eyes, skin irritations, open wounds, sores, bandages, or any communicable disease are not permitted in pool.
- Infants/children not toilet trained & incontinent adults must wear swim/water diaper.
- Profanity, improper behavior, screaming, and horse playing will not be tolerated.

LAP SWIM RULES:

Lanes must be shared.

Inform fellow swimmer that you will share.

Several people can fit into one lane if proper etiquette is used.

Swimmers are expected to swim circular at all times.

Please be courteous and responsive if you are asked to move lanes.