



PARDS FITNESS & AQUATICS CENTER

PURE POWER BOOT CAMP

with Kristie Varino

Member Price: \$60 or \$100 if you register with a friend

Non-member Price: \$80 or \$140 if you register with a friend

8 WEEK FITNESS BOOT CAMP

TUESDAY & THURSDAY 7:00 AM

STARTING TUESDAY, MARCH 12TH

Get the dream body you've always wanted.

Start your fitness journey to better health and body.

Shed weight, gain muscle!

225.664.8099

pardsla.com

