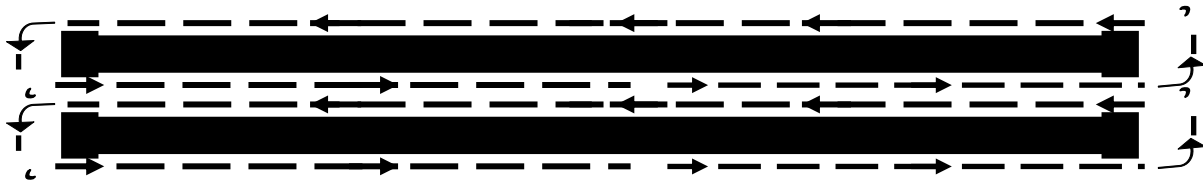




# LAP SWIMMING RULES:

- Swimmers are responsible for selecting appropriate lane speed to their ability. Lifeguards will make lane adjustments as needed.
- **Several people** (as many as 6 or more) can fit in a lane if proper etiquette is observed and swimmers of like speed are together.
- Swimmers are expected to swim circular at all times. This will avoid confusion for additional swimmers entering lap lane. Swim to the right-hand side of black lines at all times.



- When resting on wall move to outward corners to allow other swimmers room to easily turn at wall.
- When passing please be aware of on-coming swimmers. Wait to pass if necessary to avoid collisions. Whenever possible wait at corner of wall to allow faster swimmers to pass as needed.
- Please modify your stroke when passing to avoid collisions.
- Please be **COURTEOUS and RESPONSIVE** if you are asked to move lanes by lifeguards. **Lifeguards will have final say in arrangement of lanes in the event a question or problem arises.**
- Please be sure to put away any kickboards, pull-buoys or swim equipment that you may have used.
- The water resistance weights are to be used for exercise ONLY.
- Please understand our pool schedule and note the times of heavy traffic! We will always do our best to accommodate everyone!

*Thank you for safely using our facility, Aquatics Management*